

ABSTRACT

A bone plate for fixation of proximal humerus fractures comprises an elongated shaft portion having a first width and a head portion connected to the shaft portion having a second width greater than the first width. The head portion and the shaft portion define a common longitudinal axis. At least one first screw hole may be located in the head portion, and at least one second screw hole may be located in the shaft portion. At least one of the first and second holes is configured to engage a head of a bone screw to form an angularly stable connection with the bone screw.

5